



# WE ARE *Kindness Bound*

Kindness can be expressed in many ways—a smile, a hello, a hug or even a small gift like a favorite book. Our President and CEO, Meredith Mills and her son, Beckett, shared kindness by reviewing their favorite children’s books about being kind. They hope these books, bound in kindness, may become your favorite, too.

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## THE DIGGER & THE FLOWER

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*Written by Joseph Kuefler and reviewed by Beckett Mills*

I like the graphics and colorful images. The message is to protect small fragile things in our world.

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## CHRYSANTHEMUM

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*Written by Kevin Henkes and reviewed by Meredith Mills*

I actually read this book as a child! We loved the detailed and colorful illustrations surrounding a story about the impact of judging others versus being kind. Sometimes the positive encouragement of one person can change another’s entire outlook.

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## LITTLE BLUE TRUCK

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*Written by Alice Schertle and reviewed by Beckett Mills*

In this story, the dump truck is very mean to the little blue truck, but the little blue truck isn’t mean back. He’s nice instead. This story’s message is that there’s a little spark of good in everyone. It’s important to help people even if they haven’t always been a friend to you.

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## PLANTING SEEDS OF KINDNESS

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*Written by Rose Bunting and reviewed by Meredith Mills*

Fun graphic images and rhymes help little ones understand simple day-to-day ways to show kindness.