



Courtesy photo

Country Meadows of Frederick residents package meals for delivery by SOAR (Supporting Older Adults through Resources) volunteers to ensure Frederick County seniors in need would enjoy a chef-prepared Thanksgiving meal.

Country Meadows residents help ensure older people in need enjoy hot Thanksgiving meal

FOR THE FREDERICK NEWS-POST

Country Meadows of Frederick was one of three local assisted living communities that partnered with SOAR (Supporting Older Adults through Resources) to ensure Frederick County seniors in need would enjoy a chef-prepared Thanks-

giving meal. Country Meadows, Heartfields and Spring Arbor of Frederick prepared and donated more than 200 meals for distribution to low-income seniors throughout Frederick County.

Country Meadows residents enjoyed supporting the effort by packaging the meals for delivery by 20 SOAR volunteers the day before Thanksgiving.

SOAR supports qualifying seniors with the financial resources and services they need to live healthier, safer, more comfortable lives. Country Meadows has been serving seniors in Frederick for more than 20 years, offering Independent Living, Assisted Living, Restorative Care and Memory Care.