

# The Most Important Question to Ask When Choosing a Skilled Nursing Facility for Your Rehabilitation:

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## **WHO IS MANAGING YOUR CARE?**

Traditionally, skilled nursing facilities (SNFs) will assign a Primary Care Physician to manage your care during your rehab stay. Currently under Medicare guidelines, a Primary Care Physician within a skilled nursing facility is required to see a patient “at least once every 30 days for the first 90 days after admission, and at least once every 60 days thereafter, unless there is a problem” [42 CFR 483.40(c); Tag F386]. That means for the majority of your stay within most SNFs, you will be cared for by nurses, certified nursing assistants and therapists.

## **WE DON'T BELIEVE IN MEETING EXPECTATIONS.**

## **WE BELIEVE IN EXCEEDING THEM**

At Country Meadows Nursing & Rehabilitation Center, your care is CO-MANAGED between a Primary Care Physician and a Physiatrist, as well as other specialty physicians if needed. A Physiatrist is a Physician who specializes in Physical Medicine and Rehabilitation. As a Cardiologist is a specialist for patients with cardiac issues, a Physiatrist is a specialist for rehab patients. The Physiatrist specialize in restoring optimal function to people with injuries to the muscles, bones, tissues, or nervous system, such as stroke victims and assess patients for functional deficits, while working with the rehab therapy team to both minimize disability and maximize independence. In addition, they help the care team set goals appropriate to the needs of the patient and their family and work to eliminate barriers impeding transition to home or a more home-like environment.

You will be seen by our Physiatrist, Dr. Yasmin Bhatti, on a weekly, consistent basis. The Primary Physician and Dr. Yasmin Bhatti will communicate with one another on a regular basis to help ensure your rehab stay with us is as smooth as possible.

We believe having both a Primary Care Physicians to help manage your general medical needs and a Physiatrist to manage your rehabilitation will enhance your care and help restore your function to the highest achievable level to get you home as quickly and safely as possible.

*A Physician Adds Years to a Patient's Life.*

*A Physiatrist Adds Life to a Patient's Years.*

***Having the Best of Both World's is Ultimately the Best Solution!***

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