

Physical Therapy



Physical therapy restores function for individuals who have experienced neuromuscular or skeletal dysfunction. Individualized therapeutic treatment may include:

- Training in mobility, gait stability, posture and positioning
- Exercise programs to increase muscle function, coordination and endurance
- Joint and soft tissue mobilization to increase range-of-motion
- Wound care
- Pain management

Occupational Therapy



Occupational therapy assists individuals with adapting to their social and physical environment. Our therapists enhance patient functionality through:

- Education and training in areas such as dressing, bathing, eating and grooming
- Activities for memory, orientation and cognitive integration
- Adaptive techniques or equipment to overcome physical disabilities
- Strengthening and coordination exercises
- Exercises to reduce the effects of arthritis or other conditions to maintain normal joint movement

Speech Therapy



Speech therapy addresses communication and swallowing dysfunction. Treatment plans are designed for individual needs, such as:

- Recovery of speech, language and memory skills
- Verbal and non-verbal communication, including programs for the hearing impaired
- Oral muscle functioning and strength required for speaking and swallowing
- Appropriate diet recommendations